

DERMAPLANING CONSENT FORM

Client Full Name:

Dermaplaning is a form of manual exfoliation similar in theory to microdermabrasion but without the use of suction or abrasive crystals. An esthetician grade, sterile blade is stroked along the skin at an angle to gently "shave off" dead skin cells from the epidermis. Dermaplaning also temporarily removes the fine vellus hair of the face, leaving a very smooth surface.

As with any type of exfoliation, the removal of dead skin cells allows home care products to be more effective, reduces the appearance of fine lines, evens skin tone and assists in reducing milia, closed and open comedones, and minor breakouts associated with congested pores.

Dermaplaning can be an effective exfoliation method for clients that have couperose (tiny blood vessels near the surface of the skin), sensitive skin or allergies that prevent the use of microdermabrasion or chemical peels.

Please read and initial next to each statement acknowledging you understand and agree to each statement.

☐ Due to contours of the face, certain areas of the face (such as eyelids and nose) are not treatable using this method.

☐ If Dermaplaning is not appropriate, you will be informed during this session and an alternative treatment may be recommended instead.

☐ If Dermaplaning is not contraindicated, maximum results are obtained by participating in a series of treatments plus following a home care regimen.

☐ You may experience redness, dryness, or even some peeling between sessions, which may or may not be normal.

☐ Dermaplaning may cause minor superficial abrasions which may not appear until a day or two following your treatment. If this should occur, please contact me so that I can do a post-treatment follow up with you.

☐ After your treatment, SPF 30+ MUST be worn at all times. Tanning beds should never be used. You are making an investment in your skin: therefore, it is to your benefit to continue to protect it long after your series of treatments is completed.

☐ Clients receive noticeable, satisfactory to above average results with a series of treatments and a commitment to a daily skin care regimen. However, the outcome cannot be guaranteed as maximum results are highly dependent on age, cumulative sun exposure, health, lifestyle, genetic traits, general skin condition, and willingness to follow recommended protocols.

☐ Aerobic exercise or vigorous physical activity should be avoided until all redness has subsided.

☐ SPF 30+ must be applied daily to the treated area for a minimum of two weeks. Twice daily cleanse the treated area with post-treatment cleanser, followed by a serum or treatment cream and follow with SPF 30+ sunscreen.

☐ I will review your current daily regimen and skin care products, advise you on which products you should continue to use, and recommend any additional products or changes to your regimen to enhance your desired outcome

☐ As your esthetician, I take every precaution to ensure that your skin is well hydrated and calm following each session. However, you may experience excessive dryness or even some peeling between sessions, which may or may not be normal. Always contact me if you have any concerns.

☐ More sensitive skin may experience some redness after the first couple of sessions. This normally goes away after 2 to 3 hours. Dermaplaning may cause minor superficial abrasions which may not appear until a day or two following your treatment. If this should occur, please contact me so that I can do a post-treatment follow up with you.